

# REPORT ON STUDENTS' MOTIVATION

organized by

Sundarban Hazi Desarat College

in association with

MoU partner Domkal Girls' College



**held on 15/06/2024**

Special Lecture delivered by

**Dr. Alak Kumar Das**

Principal, Domkal Girls' College

# Introduction

Our modern-day society is demanding too much from everyone. Everything has to be fast, and people are juggling responsibilities all over the place. The different requirements of the various facets of our lives have made focus quite tricky for some and achieving goals a bit harder.

Online education, which proliferated during the pandemic, has made education more daunting to students. While the rewards remain the same and are absolutely worth it, motivation is something that has dwindled down.

## Concept of motivation

- The word motivation derived from the Latin word "movere" which means to move.
- The word motivation refers to getting someone ***moving***.
- Motivation refers to a presumed internal state that causes an organism to move toward some goal.
- This state may exist because of internal factors, such as insufficient food.
- It might also develop from external factors.
- **Motive:** A motive is something that moves an organism to act.

# **Symptoms of Lack of Motivation**

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- Losing interest quickly
- Not finishing things that you have started
- Procrastinating and putting off doing things
- Avoid doing things
- Being passive
- Thinking that you're weak
- Feeling trapped
- Feeling lonely, dull and gloomy
- Wanting to improve your life, but not doing anything about it
- Having no objectives or goals, or ambitions

# **Reasons for Lack of Motivation**

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- Depression
- Fear of failure
- Low self-esteem
- Lack of interest
- Procrastination habit
- Stress
- Academic Pressure
- Lack of Love
- Unhealthy Home Environment
- Lackadaisical (Lacking Spirit or Liveliness) Attitude of Teachers
- Lack of self confidence

# Factors That Affect Student Motivation

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- Student motivation can be affected by several factors. These factors include:
  - Parents involvement,
  - Teacher enthusiasm,
  - Rewards,
  - Peers,
  - Learning environment,
  - Personal experiences,
  - Personal interests of the student,
    - self-image (how you perceive yourself/the mental picture).
    - Home Situation
    - Teacher Behavior
    - Teacher-students relationships
    - Teaching strategies
    - Interactive activities
    - Self-efficacy
    - Showing respect for the student
    - Assignments and Grading Strategies

## Strategies to Improve Motivation

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- Praise and Blame/Reproof
- Rewards and Punishment
- Knowledge of Results
- Success and failure
- Competition and Rivalry
- Learner's own Deep seated motives
- Providing opportunities for self-expression
- Creating Problematic Situations
- Use of play way techniques

- Use of AV aids
- Graded Lessons
- Provide meaningful choices
- Protect the student from embarrassment
- Build positive self confidence through evidence of success
- Match instructional activities to students learning needs
- Model learning with enthusiasm
- Use cooperative learning approach
- Provide celebrations for success



Dr. Alak Kumar Das

A handwritten signature in black ink, appearing to read "Das".

Principal, Domkal Girls' College

Murshidabad, W.B.

*Principal*

Domkal Girls' College  
Domkal, Murshidabad





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**TO WHOM IT MAY CONCERN**

This is to certify that Dr. Alak Kumar Das, Principal of Domkal Girls' College, has actively conducted and attended a motivational lecture at Sundarban Hazi Desarat College, Pathankhali, Gosaba, South 24 Parganas, on Saturday, 15th June 2024.

*Tarun Mandal*  
15/06/24

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